

Environmental Treatment Worksheet

Supplies Needed:

- Vacuum
- Laundry facility/laundry supplies
- Large plastic bags
- Hot water
- Soap

Rooms:

Bedrooms

- Remove all bedding and pillows, launder in hot water (above 130°F) and machine dry at the hottest setting for at least 20 min.
- Vacuum mattresses and carpets
- Place all stuffed animals, dolls with hair, and pillows in airtight plastic bags, if unable to launder. **(These items must remain in sealed bag for 2 weeks)**

Living Room/Family Room

- Vacuum all furniture and carpeting
- Give special attention to any throw pillows, afghans, throws or blankets (launder or place in sealed bag for 2 weeks)

Closets

- Launder, dry clean, or bag coats, hats, scarves and any article of clothing worn or handled by the infested individual within two (2) days prior to the identification of head lice.

Personal Items

- Immerse in water hotter than 130°F for 1 hour any hairbrushes, combs, and hair accessories. Instead of hot water, these items may be immersed in Lysol, rubbing alcohol, or a pediculocide for 1 hour.
- Launder immediately any towels used.

Vehicles

- Vacuum cloth upholstery and carpeting

*Spraying or fogging homes with insecticides or pediculicides is **not recommended**, and may be harmful if used in a poorly ventilated area.

Repeat treatment of environment and personal articles in 7-10 days.

(It is **not** necessary to discard the vacuum bag after cleaning).